What is 4-H?

4-H is the youth education program of Colorado State University Extension. It's for boys and girls who are ages 8 to 18 on or before December 31.

4-H also offers the *Cloverbud* program for youth ages 5–7.

Custer County has four 4-H clubs with kids just like you. They live in towns, on farms and in rural areas. Wherever you live, whatever you like to do . . . 4-H is for you.

You can even start your own club. You just need you and four friends and one adult who will help you get started.

4-H cost is \$25.00 per year plus literature costs. You will also receive a monthly newsletter with 4-H happenings in the state, district and county.



4-H Pledge

I pledge my HEAD to clearer thinking, my HEART to greater loyalty, my HANDS to larger service, my HEALTH to better living for my club, my community, my country, and my world.

4-H Slogan

"Learn by Doing"





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The 4-H Name and Emblem are Protected Under 18 U.S.C. 707.



4-H gives kids a chance to

- **%** Learn New things,
- **%** Develop New skills,
- **%** Travel to New places,
- ***** Make New friends,

And best of all Have lots of FUN!



What will I do in 4-H?

In 4-H, you can learn new skills like taking photographs, cooking snacks, using computers, caring for pets, building model rockets or small engines, growing flowers and vegetables, drawing or painting, fishing, and making crafts. 4-H has more than 100 learn-by-doing projects. 4-H projects are challenging, but practical and fun ways to learn.

You'll enjoy plenty of fun activities as a Custer County 4-H member. Special events like 4-H camps and the 4-H exhibits at the County Fair are fun for your whole family.

4-H members also get a chance to travel to new places. You can explore the outdoors at 4-H Camps, become a legislator for a day at the State Capitol in Denver or spend a week at Colorado State University in Fort Collins. You can even travel to our nation's capitol in Washington D.C. or to another country.

Pick a Project

4-H has more than 100 different projects for you to explore. Here are just some of them:

SHOOTING SPORTS

OUTDOOR EDUCATION/RECREATION

Drawing and Painting

Woodworking

PHOTOGRAPHY

Cooking, Baking, Food Preservation Computers

Veterinary Science, Horseless Horse
FORESTS, RANGELAND AND WILDLIFE
Collecting Bugs

Fashion and Sewing

Vegetable and Flower Gardening

Model Rockets

Small Pets, Horses and Livestock

Scrapbooking CERAMICS Leathercraft

Join 4-H Today and Let the Fun Begin!

4-H Clubs in Custer County are already having lots of fun. Join one of these clubs today and get into the 4-H action or start your own!

Triple C Clovers
Trail Blazers
Silver Spurs

Find out how you can join one of these 4-H clubs or start a new club in Custer County.

Contact: Colorado State University Extension

in Custer County: 205 S. 6th St.

P.O. Box 360

Westcliffe, Colorado 81252

Phone: 719-783-2514

E-mail: Coopext_custer@mail.colostate.edu

